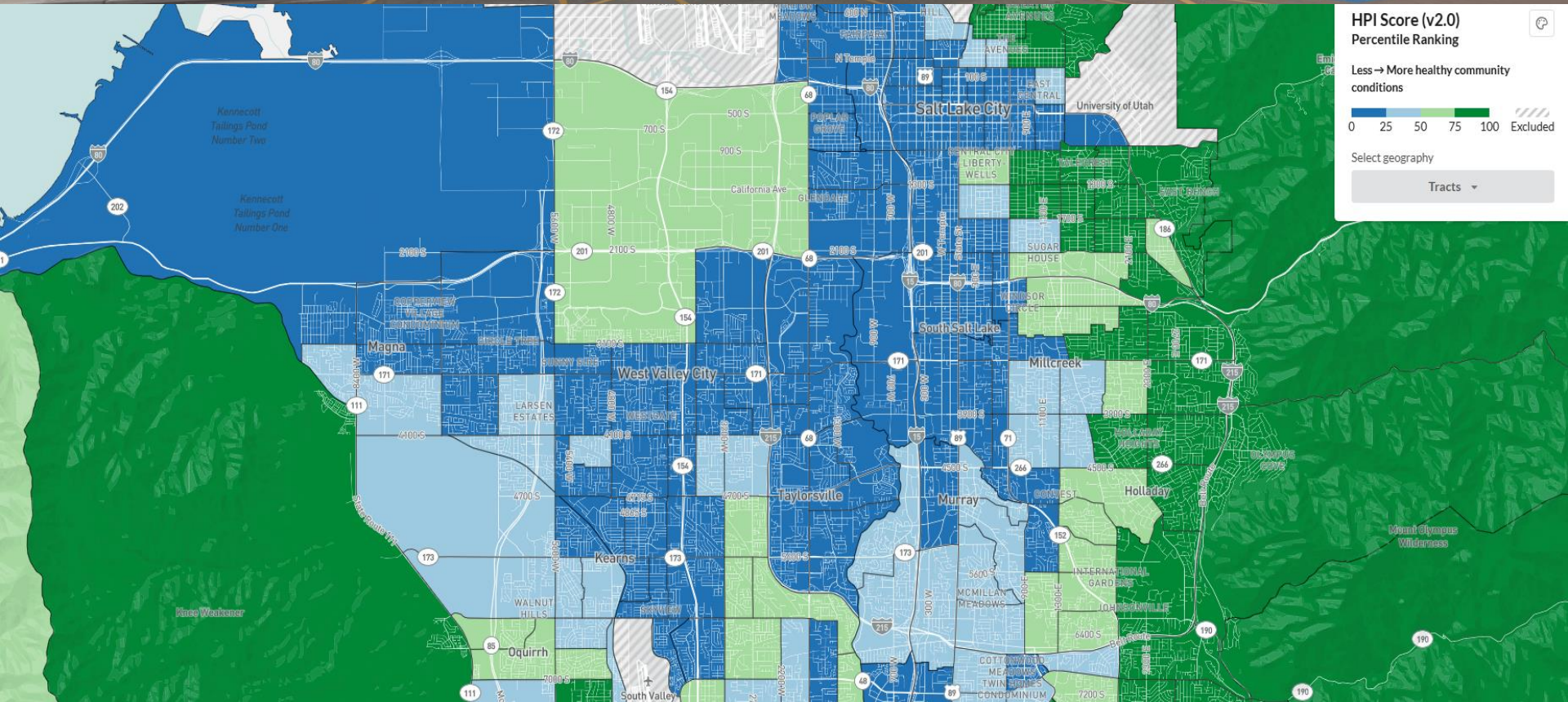


Addressing nutritional deficiencies at the south main clinic through collaboration with Better Being Co.

Joselyn Slobodow MS1

NEW MD-PROGRAM AND STUDENT-LED CLINIC INITIATIVES

- Aligned with our mission to serve all people and communities in Utah, our student-led clinic network connects MD students with communities facing significant physician shortages.
- Students are divided into 6 houses and assigned to 5 clinics:
 1. **Coyote Gulch: South Main Clinic**
 2. Labyrinth: Rose Park Clinic
 3. Little Wild Horse: Midvale Clinic
 4. Red Butte: Park City People's Clinic
 5. Peekaboo: Rose Park Clinic
 6. Echo: 4th Street Clinic



SOUTH MAIN DEMOGRAPHICS

HPI Score (v2.0) Percentile Ranking



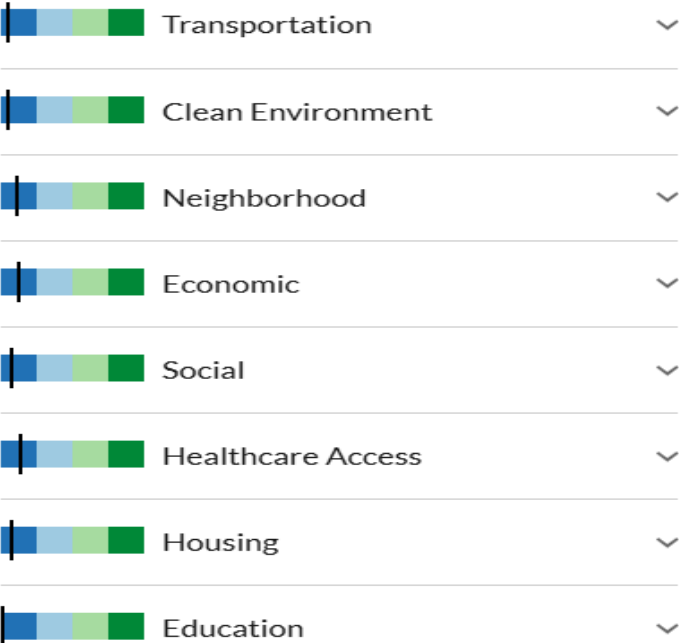
Less → More healthy community
conditions



Select geography

Tracts ▼

Policy Action Areas



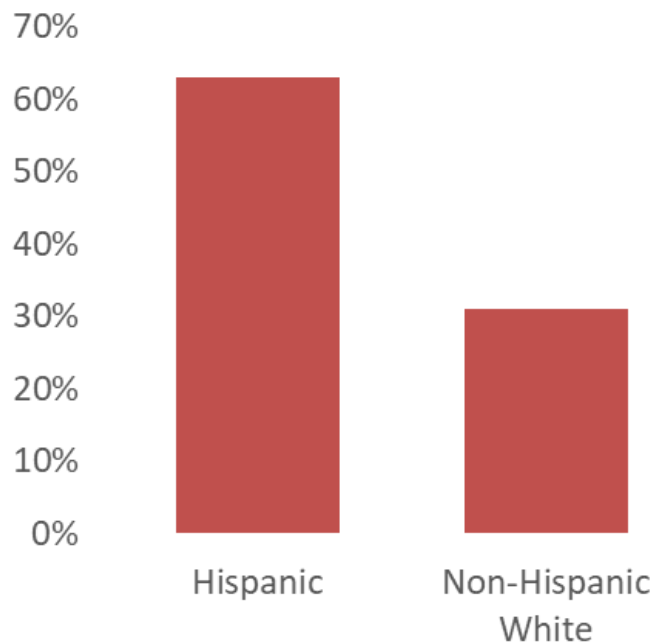
SOUTH MAIN CURRENT PROGRAMS

- Clothing items
- Diapers
- Children's Library
- WIC Office
- Medicaid assistance
- UTA transportation tokens
- **Food boxes through the Utah Food Bank**
 - **Often lacking fresh produce & vital nutrients**

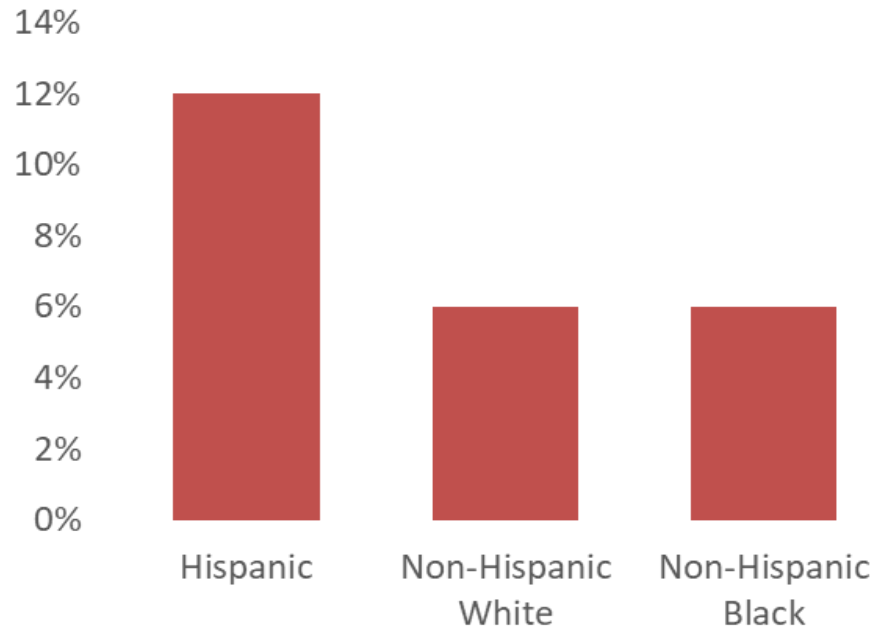
METHODS TO ADDRESS NUTRITIONAL DEFICIENCIES

1. Conduct a literature review analyzing nutrient deficiencies in low-income and Hispanic populations
2. Discuss observed nutrient deficiencies with South Main Clinic providers
3. Evaluate the most prevalent deficiencies and suggest such supplemental vitamin donations from Better Being Co.
4. Distribute vitamins to patients with such deficiencies through the Clinic

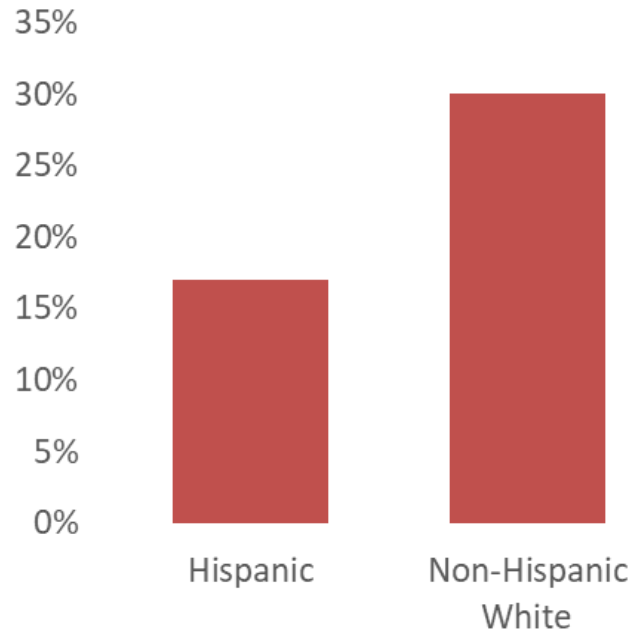
Vitamin D Deficiency Prevalence



Iron Deficiency Prevalence in Children



Folic Acid Supplementation during Pregnancy





- Health and wellness company that encompasses 15 brands with over 3,000 products of vitamins, supplements, and minerals that are offered in over 60 countries
- Primarily Utah-manufactured focusing on high-quality ingredient sourcing



CONSIDERING SUCH FINDINGS

Supplements Donated

- Iron
- Liposomal Vitamin C
- Vitamin D3 & K2
- Calcium Citrate
- Prenatal Vitamins
- Children's Multivitamin

*100 units of each



QUESTIONS?

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